

11° COUNTRY CUP

April 16th 2025

SAILING INSTRUCTIONS

ORGANIZING AUTHORITY AND VENUE

Fraglia Vela Riva
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The event will take place in Riva del Garda on April 16th 2025.

1. RULES

- a) The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- b) The prescriptions of the Italian National Authority will not apply.
- c) The Rules of the International Optimist Dinghy Association (IODA) will apply.
- d) Rule 40 is changed as follows:
 - (i) RRS 40.2(a) is deleted.
 - (ii) RRS 40.2(b) is deleted and replaced by: "Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing." [NP]
- e) The first sentence of rule 44.1 is replaced with: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 (except rule 14 when she has caused damage or injury) or rule 31 or 42 while racing.
- f) Appendix T of RRS will apply.
- g) If there is a conflict between languages the English text will take precedence.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board online

3. SIGNALS MADE ASHORE



Signals made ashore will be displayed from the official flagpole located on the Fraglia Vela Riva terrace.

Flag D with one sound means 'The warning signal will be made not less than 30 minutes after flag D is displayed. Boats shall not to leave the Club until this signal is made.' [NP][DP]

4. SCHEDULE OF RACES

Day/Date	Event	Time
April 16 th	Registration time limit	11:30
April 16 th	1 st Warning signal	13:00

- No Warning signal will be made after 17:00 on April 16th
- Racing will be Back to Back.
- A maximum of 3 Races are scheduled.

5. CLASS FLAGS

Optimist Flag White/Blue

6. RACING AREA

The racing area will be in front of the main slipper of Fraglia Vela Riva

7. THE COURSE

Course will be windward/leeward, no. 2 loops.

8. MARKS

Mark 1: RED inflatable buoy

Start pin-end mark / Leeward mark / Finish pin-end mark: Orange buoy

Starting marks: RC boat with an Orange flag and pin-end mark

Finishing marks: RC boat with a Blue flag and pin-end mark

9. THE START



The start line will be between an Orange Flag on the Race Committee boat and the course side of the orange start pin-end mark (SI 8).

A boat shall not start after 4 minutes from her starting signal. In case of late start the boat will be scored DNS. This changes rule A4.

-5 min	Warning signal	Class Flag displayed
-4 min	Preparatory signal	U or Black displayed
-1 min	Preparatory signal down	U or Black removed
0	Starting signal	Class flag removed

10. CHANGE OF COURSE AFTER THE START

No change of course will be arranged and signalled.

11. THE FINISH

The finishing line will be between a staff displaying a Blue Flag on the Race Committee boat and the course side of the orange finish pin-end mark (SI 8).

12. TIME LIMITS

The time limit for the first boat to finish will be 25 minutes. Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish.

This changes RRS 35 and A4.

13. PROTESTS AND HEARINGS

While racing, a boat may protest another boat under a rule of Part 2 (except rule 14) or under rule 31 or 42H however, a boat may only protest under a rule of Part 2 for an incident in which she was involved. To do so she shall hail 'Protest' at the first reasonable opportunity.

13.(1) A boat that protests as above is not entitled to a hearing if an Umpire signaled a decision. Instead, a boat involved in the incident may acknowledge breaking a rule by taking a One-Turn Penalty as described in rule 44.2.

13.(2) If the protested boat does not take a penalty voluntarily, an umpire will decide whether to penalize any boat and signal the decision as follow:

- A green and white flag with one long sound means 'No penalty.'
- A red flag with one long sound means 'A penalty is imposed or remains outstanding.' The umpire will hail or signal to identify each such boat.
- A black flag with one long sound means 'A boat is disqualified and have to leave the racing area immediately'. The umpire will hail or signal to identify the boat disqualified.

13.(3) In case of repeated infringements of a rule or when sailing in a manner that could be considered dangerous, the Jury may disqualify the boat from the race. The boat will be black flagged and she will leave immediately the race course.

13.(4) An Umpire may penalize any boat with no protest by competitors for RRS 31 and 42 infringements.

13.(5) A competitor may approach the jury/umpire to ask for clarification on the rules at any time while not racing. The Jury, while not racing, will be available for competitors to provide information and explanations about the rules and about the signals displayed while racing.

13.(6) In the pure spirit of fair sailing, competitors are responsible for their own behavior. "If you are aware of having infringed one of the rules, you must take a penalty even if the jury has not seen."

13.(7) Protest forms are available online (racingrulesofsailing.org). Protests shall be delivered on the same website within the protest time limit.

13.(8) The protest time limit will be 30 minutes after the last boat has finished the last race of the day or the Race Committee signaled no more racing for today, whichever will be later.

13.(9) Notices will be posted online possibly within 30 minutes from the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

14. SCORING

- The Low Point System of Appendix A will apply.
- One completed race is required to make valid the event.
- The boat series score will be the total of her race scores.

15. SAFETY REGULATIONS

A boat that retires from a race shall notify the Race Committee as soon as possible.

Competitors who require assistance should blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who in its opinion require assistance, regardless of a request from the competitors. This will not be grounds for redress. This changes rule 61.1(a). The penalty for receiving Outside Help in these circumstances will be at the discretion of the International Jury. [DP]

All competitors shall wear personal flotation devices that are in good condition and are in accordance with the specifications issued or approved by a national authority or standards organization and branded in the country of origin or manufacture and in accordance with Class Rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing.

16. SUPPORT BOATS

Mechanically propelled boats are generally prohibited to sail on the northern part of Lake Garda, however, during this event, a special permit to use such boats may be given. Support personnel having a boat, shall produce the following documents to the organizing authority:

- ☐ Rib's engine registration document (engine brand name - engine serial numbers);
- ☐ Rib's engine insurance;
- ☐ Driver's identity document.

The permit will be issued only for assistance to the races and training and it can be withdrawn at any time if rules for coaching as stating in the SIs will be not respected.



17. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See Rule 4 of the RRS, 'Decision to Race'. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. In addition to this the following clauses are applicable:

A boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or the Sailing Instructions or anywhere else, reduces this responsibility. In this paragraph and the following paragraphs, wherever the context so permits, 'boat' includes the helm and their parents or guardians.

It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By launching or going to sea, the boat confirms that she is fit for those conditions and that her helm is competent to sail and compete in them.

Nothing done or omitted to be done by the organizers can reduce the responsibility of the boat nor will make the organizers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing or other parts of the event. The organizers encompass everyone helping to run the events and their associated activities, afloat or ashore, and include the organizing authority, the race committee, the race officer, patrol boats and beach masters.

The provision of rescue boats does not relieve the boat of its responsibilities.

The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of the boat set out in these conditions.

The race committee may hold a boat ashore, or require a boat to go ashore at any time when afloat, whether racing or not, if it considers that:

- a) The boat, the equipment or the clothing of the helm, or
- b) The physical condition of the helm is not adequate for the conditions.

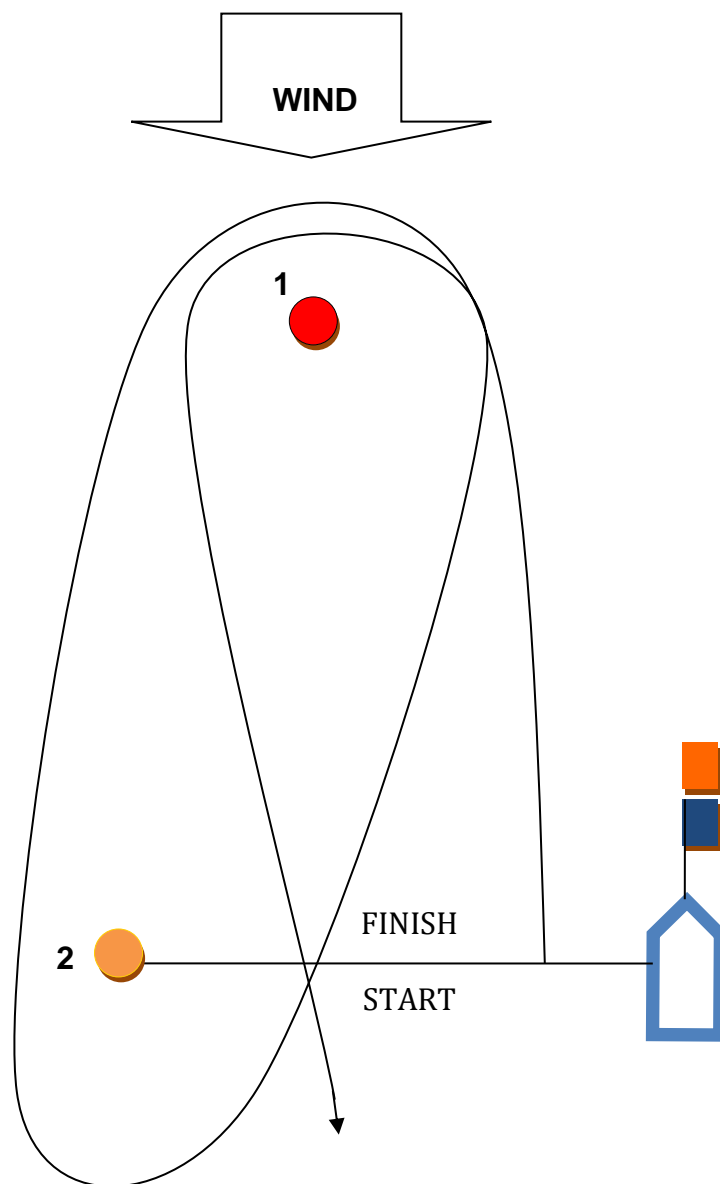
Such boats will be scored DNC, DNS or DNF as appropriate.

Boats retiring or leaving the course for whatever reason shall inform the committee boat either in person, or via a patrol or coach boat at the earliest possible opportunity. Boats retiring shall indicate on the sign-off sheet the race they retired from.

18. INSURANCE

Italian sailors shall have third party insurance cover of not less than € 1.500.000,00 and are required to produce evidence of such insurance during registration, written in English and clearly indicating the name of the sailor(s), the period insurance coverage and the euro amount of the insurance, during registration.

COURSE - COUNTRY CUP



START – 1 – 2 – 1 - FINISH