

Regulatory Protocol for measures to contrast and contain the spread of Covid-19 virus for regattas in Fraglia Vela Riva.

(following the FIV dispositions regarding the contrast and the control of the spread of Covid-19 in sport association, 14th June 2020 and following version)

1. Regatta Entries

The registration process must be made completely online at <u>https://www.fragliavelariva.it/en/regattas/</u> within the limit stated in the Notice of Race. The payment must be made with Paypal or bank transfer.

All the documents needed to complete the registration (for example Insurance certification, measurement certificate, etc.) must be sent within the limit stated in the Notice of Race to info@fragliavelariva.it.

Before the start of the regatta all participants must send the self – certification (available at: <u>https://www.fragliavelariva.it/en/regattas/</u>).

To ease the process of registration, please send all the required documents to <u>info@fragliavelariva.it</u>, so the completion of registration, pick up ribbons, gadget and tracking will be in a wooden house outside the club.

Athletes, coaches and team leaders from foreign countries must show a negative covid test dated 48 hours before their entrance in Italy, this must be declared also on the self certification.

All person involved in the regatta must send the self-certification to info@fragliavelariva.it. To complete the registration procedure, the coaches must go to the open air secretary office to deliver the form and withdraw the flag (€20 of deposit).

2. Behaviour inside buildings

The participation to the regattas is limited to sailors, coaches or a person entitled to support sailors and other technical staff.

Every participant to the regatta (sailors, staff, coaches, etc.), when entering Fraglia Vela Riva's buildings, will have their body temperature checked. To avoid this procedure, participants must provide the form: *"Body temperature daily check"* (available at: <u>https://www.fragliavelariva.it/en/regattas/</u>) stating the body temperature.

Every racing day, before going in the water, sailors must deliver the "body temperature daily check" available on our website, signed and filled with: name, surname, sail number, FIV card (just for

Italians), date, time and the body temperature. If the sailor is under age the name of the coach is required.

Participants **must** always wear masks, covering nose and mouth, maintain the social distance of 1 m from others and follow the path to enter and exit the building.

Members, FIV Members, sailors and their host, to access to Bar and Restaurant facilities, must sign the form of access available at the entrance, clean their hands with hand sanitizer provided by Fraglia Vela Riva and always wear a mask. The current COVID-19 health protocol does not allow gathering of people, except for family members or consolidated friends. Any other type of groups is not allowed to sit together.

Access to bathroom: it is mandatory to respect the max. capacity of 2 people in the women's one and 4 in the men's. It is forbidden the use of the locker room or deposit bags, shoes, etc. there, as it would not allow a correct cleaning and sanitation procedure.

During briefings, if not online, is necessary to respect 1 m distance and it is mandatory to wear masks. Just one person per boat can participate to briefings. In youth class just coaches are allowed to participate.

If needed, it is possible to access secretary office maintaining the social distance of 1 m and wearing masks.

The Notice Board will be posted exclusively online on the regatta's page: <u>racing rules of saling</u>, all notices and rankings will be posted there.

All forms needed after the races (protest forms, redress form, etc.) are available on the regatta's page: <u>https://www.fragliavelariva.it/en/regattas/</u> and must be sent to: <u>info@fragliavelariva.it</u>. In case of the inability of using internet devices, forms will be available at the secretary office.

3. On water behaviour, during regattas

In a regatta with multiple sailors per boat, when not racing, they must wear masks.

Coaches and support staff must have on board all equipment for self-protection (kept in a dry place), in case of impossibility of respecting social distancing.

4. Social events

During prize-giving ceremony, it is mandatory to respect 1 m of social distance. The presence must be in line with current protocol regarding Covid.

Two people of each team are allowed to go on the podium. All must wear masks except during the photos.

Good Hygiene Practices to maintain:

- Wash hands frequently with soap and water or hand sanitizer for at least 20-30 seconds;
- Avoid touching your eyes, nose and mouth;
- Cover your mouth and nose with your elbow or tissue when coughing or sneezing. Throw the used tissue immediately;
- Do not leave worn clothes in shared places, but put it in your bag or backpack and once at home wash it separately from other clothes;
- Always drink from disposable glasses or from your own bottle;
- Throw away, as soon as possible, used tissues or other used material such as plasters and bandages in the appropriate containers.

Useful Numbers

Regatta office: +39 0464552460 e +393273052057 **Harbour master Fausto:** +39 3452729300 **Public utility:** 1500 **Emergency:** 112 **Free numbers for COVID-19: 800 867 388 active from 8 to 20**

For all communication you can write to <u>info@fragliavelariva.it</u> or call +39 0464552460 or *whatsapp* to +39 3273052057