

# XXXI LAKE GARDA MEETING OPTIMIST CLASS SAILING INSTRUCTIONS

March 28<sup>th</sup> – 31<sup>st</sup> 2013

**Division A – Cadetti**  
**Division B – Juniores**

## 1 RULES

- 1.1 The regatta will be governed by the 'rules' as defined in The Racing Rules of Sailing (RRS)
- 1.2 The prescriptions of the Italian National Authority will not apply.
- 1.3 Changes to Racing Rules.
  - a) A boat requesting redress because of being OCS or BFD, or DSQ for infringing SI 13.3 will be scored DNE if the request is denied (this changes RRS 30 and 62).
  - b) A boat that starts with the wrong fleet will be scored DNE without a hearing (this changes RRS 63.1).
  - c) A boat obstructing or interfering with boats racing in a different fleet will get 30 points of penalty without a hearing (this changes RRS 63.1).
  - d) A boat obstructing the launching area and/or not fulfilling the instructions for parking the boats will get a 30 points penalty in the race closest to the incident, without a hearing (altering RRS 63.1). In case of further infringements the Jury may increase the penalty.
  - e) A boat displaying sail number and/or national letters other than the registered ones for the event will be scored as DNC without a warning. A boat requesting redress upon this will be scored DNE if the request is denied (this changes RRS 62, 63.1 and G4).
  - f) Other changes to RRS are stated in SI 13.
- 1.4 If there is a conflict between languages the English text will take precedence.

**Attention: North Garda Lake Regulations require sailing boats to keep clear of ferryboats at all times.**

## 2 IDENTIFICATION

- 2.1 Boats shall display event sponsors' advertising stickers on both sides of the hull, as supplied by the organising authority. Stickers shall be displayed daily from 07:00 to 19:00 hrs., except that on the last day of the event they shall be displayed until two hours after the end of the last race of the event.
- 2.2 Division A and B: While racing each boat shall display a coloured ribbon corresponding to the fleet to which she has been assigned. Ribbons shall be fixed on the top of the peak.
- 2.3 Competitors shall collect the ribbons at the Race Office at registration and they will be responsible to keep them until completion of the event. The race office will replace lost ribbons under payment of 10€.

## 3 SPARE

## 4 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the club ground floor in front of the Race Office. The results of Division A (Cadetti) will be posted on the special board at the entrance of the club house. The results of Division B (Juniores) will be posted in the zone outside of the Race office.

Notwithstanding the above, the daily fleet allocation (see SI 7.2) will also be repeated on a notice board in Circolo Vela Arco and Circolo Vela Torbole and on Fraglia Vela Riva website (section "Regatta Documents"):

<http://goo.gl/DX51m>

Any failure on this sailing instruction will not be grounds for redress (this changes RRS 62.1a).



## 5 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not later than 90 minutes (60 minutes for Division A-Cadetti) before the warning signal of the race it will take effect, except that any change to the schedule of races will be posted by 20:00 hrs. on the day before it will take effect.

## 6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the flag pole located above the Club terrace. When a signal is displayed over an area flag or a class/fleet flag, it applies to that area or class/fleet only.
- 6.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 40 minutes' in Race Signal AP.
- 6.3 Flags AP over H with 2 sound signals means: "No boat shall leave the harbour. Wait for further instructions". This changes Race Signal AP over H.

## 7 FORMAT OF RACING

	<b>Division A (Cadetti)</b>	<b>Division B (Juniore)</b>
Number of fleets	2	5
Colors in Qualyfing series	Pink and Navy	Yellow, Blue, Red, Green and White
Colors in Final series	Gold (pink) and Silver (navy)	Gold (yellow), Silver (blue), Bronze (red), Emerald (green) and Pearl (white)

Unless otherwise signalled from the RC pre-start or start vessel, fleets will start in the order stated above.

### 7.2 Qualifying-Series

- (a) Boats will be assigned to fleets of, as nearly as possible, equal size and ability. Initial assignments will be made by a seeding committee appointed by the Race Committee. The first list will be posted in the evening on **March 27th<sup>th</sup>**. For entries completed on **March 28th**, the fleet assignment for the first racing day will be assigned directly at the moment of the entry.
- (b) Boats will be reassigned to fleets after each day of racing. If all fleets have completed the same number of races, boats will be reassigned on the basis of their ranks in the series. If all fleets have not completed the same number of races, the series scores for reassignment will be calculated for those races, numbered in order of completion, completed by all fleets.

Reassignment will be made as follows:

<b>Place in series score</b>	<b>Division A (Cadetti)</b>	<b>Division B (Juniore)</b>
First	Pink	Yellow
Second	Navy	Blue
Third	Navy	Red
Fourth	Pink	Green
Fifth	Pink	White
Sixth	Navy	White
Seventh	Navy	Green
Eight	Pink	Red
Ninth	Pink	Blue
Tenth	Navy	Yellow
Eleventh	Navy	Yellow
Twelveth	Pink	Blue

and so on.

If two or more boats have the same rank, they will be entered in the left column in random order.

- (c) Assignments will be based on the ranking available at 20:00 hrs. that day regardless of protests or requests for redress not yet decided.

- (d) If all fleets have not completed the same number of races by the end of a day, the fleet(s) with fewer races will continue racing the following day until all fleets have completed the same number of races. All boats will thereafter race in the new fleets.

### 7.3 Final-Series

- (a) Boats will be assigned to final-series fleets on the basis of their ranks in the qualifying series. The Number of Fleets in the qualifying- and the final series will be equal. The final-series fleets will have, as nearly as possible, equal size but none larger than the Gold fleet. Boats with the best qualifying-series ranks will race all final-series races in the Gold fleet, boats with the next-best qualifying-series ranks will race in the Silver fleet, and so on.
- (b) Any recalculation of qualifying-series ranking after boats have been assigned to final-series fleets will not affect the assignments except that a redress decision may promote a boat to a higher fleet. Only the boat(s) that are awarded redress may change fleet, and only before final series racing begins.

## 8 SCHEDULE OF RACES

- 8.1 (a) Racing is scheduled as follows:

Date	Division A and B	Time of the first warning signal of the day
Thursday 28th Mar	Qualifying Series	12.00
Friday 29 <sup>th</sup> Mar	Qualifying Series	To be announced the day before (SI 5)
Saturday 30 <sup>th</sup> Mar	King of the Lake	9:15 to 10:00; see notice board!
Saturday 30 <sup>th</sup> Mar	Qualifying Series	To be announced the day before (SI 5)
Sunday 31 <sup>st</sup> Mar	Final Series	To be announced the day before (SI 5)

- (b) If at the end of racing on Saturday 30<sup>th</sup> March all fleets have completed a minimum of 4 races, the qualification series will be finished and boats will race the final series on Sunday 31<sup>st</sup> March. However, if one or more fleets have not completed a minimum of 4 races, the final series will be cancelled and boats will continue to sail according to the qualification series format until the end of the event.

- 8.2 The number of scheduled races is as follows:

		Max. number of races	Max. number of races per day
<b>Division A</b>	Qualifying Series	6	2
	Final Series	2	2
<b>Division B</b>	Qualifying Series	7	3
	Final Series	2	3

- 8.3 When more than one race (or sequence or races, for two or more fleets) will be held on the same day, the warning signal for each succeeding race will be made as soon as practicable.

- 8.4 On the last day of the regatta no warning signal will be made after 15.30.

## 9 CLASS FLAGS

The class flags will be the flags in the colour identifying a fleet

## 10 RACING AREAS

- 10.1 Attachment A shows the location of racing areas. Racing areas will be identified by:

Racing Area A (cadetti)	White flag with letter A in black
Racing Area B (juniores)	White flag with letter B in black

- 10.2 Assignment of fleets and/or divisions to racing areas may be changed to follow weather conditions:

- (a) when ashore it will be posted on the Notice Board (see SI 4).
- (b) when on the water it will be signalled by the display of Codeflag "L": follow the instructions given from official boats.

## 11 THE COURSE

- 11.1 The diagram in Attachment B shows the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.

Course designations and course signals are as follows:

Course 1	No signal
Course 2	Code Flag "E"

- 11.2 The course will be set to get a race duration of about 35 minutes for Division A and about 50 minutes for Division B. A different duration will not be ground for redress. This changes RRS 62.1(a).

## 12 MARKS

- 12.1 No change of course is provided in this event.  
12.2 The starting marks will be race committee boats.  
12.3 The finishing marks will be as follows:

Course 1	Two race committee boats
Course 2	A race committee boat and an inflatable orange buoy laid to leeward

- 12.4 The pre-start marks (see SI 13.3) will be a fluorescent orange inflated buoy at the port end of the pre-start line and a race committee boat at the other end.  
12.5 Course marks will be inflatable buoys in colour:

Course Area A	Mark 1	Fluorescent Green
	Marks 2 and 3	White
Course Area B	Marks 1, 2 and 3	Yellow

## 13 THE START

**Races will be started following the procedure explained in this sailing instruction for each division:**

### **DIVISION A (CADETTI): SIs 13.1 and 13.2**

#### 13.1 STARTING SIGNALS







- (a) Races will be started by using RRS 26.  
(b) Boats whose warning signal has not been made shall avoid the starting area and shall stay inside the waiting area at least 100 metres to leeward of the starting line and its extensions. Boats may approach the starting line only after the starting signal of the previous fleet has been made and no general recall has been signalled.  
(c) Boats that have finished shall return directly to the waiting area, keeping well clear of all boats racing and of all boats whose warning signal has been made.
- 13.2 (a) The starting line will be between staffs displaying orange flags on the starting marks.  
(b) All starting signals will be repeated on the RC vessel at the port end of the starting line, but in case of conflict between signals the ones made on the starboard RC vessel will prevail. No redress can be granted for problems related to this SI (this changes RRS 60.1(b)).

### **DIVISION B (JUNIORES): SIs 13.3 to 13.6**

Boats of each fleet will first cross the pre-start line as explained in SI 13.3 and then start the race at the starting line (SI 13.5)

#### 13.3 **PRE – START ZONE, PRE – START LINE AND SIGNALS**

- (a) Before a race starts all boats must be in the pre-start zone before proceeding to the starting line, as explained below.  
(b) Procedure  
(i) The **time intervals** between signals in pre-start procedure will be at the discretion of the Race Committee.  
(ii) The **attention** signal will only be made for the first start in each race: for the next starts it will not be used. The ready signal for each succeeding fleet will be displayed shortly after the pre-start signal of the preceding fleet has been made.

Flag	Sound	Means
 	5 long sounds	<b>Attention signal:</b> the race will begin soon. ALL BOATS must immediately sail to leeward of the pre-start line and its extensions and stay there until the pre-start signal for their fleet is made. Next signal will be displayed after at least 2 minutes.
 	1 long	<b>Ready signal</b> Boats with the displayed colours are called to the pre-start line and may approach to the leeward side of it.
 	1	<b>Pre-start signal</b> Boats with the displayed colours may cross the pre-start line and proceed towards the starting line.

(c) Special Rules

**Remember: It is mandatory to cross the pre-start line from leeward to windward after the pre-start signal.**

Boats not crossing the pre-start line from its leeward side to windward of it will be scored DNC. That boat is not entitled to a hearing or request of redress (changes RRS 60.1(b) & 63.1)

Boats crossing the pre-start line or its extensions, in direction to the starting line, before her own pre-start signal or boats that at her pre-start signal are on the windward side of it will be scored DSQ without a hearing and may be subject to a disciplinary action by the Jury (this changes RRS 63.1).

Race officials will enforce compliance with SI 13.3. If a race official shows a **black flag** to a boat and voice her sail number this boat must immediately abandon the racing area and will be scored as DSQ without a hearing. If the boat does not abandon the racing area, she will be scored as DNE and may be subject to disciplinary actions by the Jury (this changes RRS 63.1).

**13.4 Starting signals**

Races will be started by using RRS 26.

The warning signal will be made not less than 2 minutes after the pre-start signal has been made on board the pre-start RC vessel.

- 13.5 a) The starting line will be between staffs displaying orange flags on the starting marks.  
b) All starting signals will be repeated on the RC vessel at the port end of the starting line, but in case of conflict between signals the ones made on the starboard RC vessel will prevail. No redress can be granted for problems related to this SI (changes RRS 60.1(b)).

13.6 Boats whose warning signal has not been made shall avoid the racing area when in use for another fleet.

Boats that have finished shall return directly to leeward of the pre-start line or its extensions, keeping well clear of all boats racing and of all boats whose warning signal has been made.

**14 THE FINISH**

The finishing line will be between the staffs displaying orange flags onboard the RC boats or between that staff and the buoy.

**15 PENALTY SYSTEM - RETIREMENTS**

- 15.1 A boat that has taken a penalty or retired under RRS 31 or 44.1 (but not under appendix P), or did not finish, or a boat retiring after finishing, shall complete an acknowledgement form at the race office within the protest time limit.

- 15.2 RRS Appendix P will apply to Division B (Juniors).
- 15.3 In Division A (Cadetti) Sailing Instruction appendix P will apply.

## 16 TIME LIMITS

- 16.1 No time limit is provided for the first boat.
- 16.2 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35 and A4.1.

## 17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- 17.2 Protest time limits:

<b>Default protest time limit</b>	60 minutes after the last boat of the fleet has finished the last race of the day.	
<b>Request for reopening a hearing on the last day of the qualifying series or on the last day of racing</b> (this changes RRS 66)	if the requesting party was informed of the decision on the previous day	Within the default protest time limit
	if the requesting party was informed of the decision on the same day	No later than 30 minutes after the requesting party was informed of the decision
<b>Request for redress from a jury decision on the last day of the qualifying series or on the last day of racing.</b> (this changes RRS 66)	No later than 30 minutes after the decision was posted	

- 17.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury office beginning at the end of the protest time limit.
- 17.4 A list of boats that, under SI 15.2, have acknowledged breaking RRS 42 or have been penalized by the Jury will be posted every day.
- 17.5 Breaches of instructions 1.3(a)(b)(c)(d)(e), 2, 6.3, 13.3, 13.6, 15.1, 19, 21, 22, 25 and under RRS 42 and 55 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches (except breaches of instructions 1.3, 13.3 and/or 13.6) may be less than disqualification if the jury so decides.

## 18 SCORING

- 18.1 The Low Point scoring system of Appendix A will apply.
- 18.2 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes rule A4.1.
- 18.3 RRS A4.2 is changed so that the scores in the qualifying series are based on the number of boats assigned to the largest fleet (colour).
- 18.4 To request a correction of an alleged error in a posted race or series results, a competitor shall complete a Scoring Inquiry Form available at the race office.
- The chairman of the Jury, or one of his delegates, is in charge to sort out the matter without a formal hearing.
- (a) Any request shall be lodged before the first start of the day following the contested race score.
- (b) During the last day of the event the time limit is one hour after posting the final scoring.
- (c) If the race is anyhow scheduled early in the morning, the time limit for any request is the protest time limit for the day.

18.5 To constitute a regatta the following number of races is required:

	<b>Division A</b>	<b>Division B</b>
Number of races	3	4

These races consist of those qualifying races completed by all fleets and any final races completed by the Gold fleet, if any.

18.6 Four races are required to be completed by each fleet to constitute a qualifying series (see SI 8.1.b).

18.7 If at the end of the qualifying series some boats have more race scores than others, scores for the most recent races will be excluded so that all boats have the same number of race scores.

**18.8 Discards**

A boat series score shall be the total of her race scores, except that some scores will be excluded as follows:

Races completed	Number of discards	
	<b>Division A</b>	<b>Division B</b>
1-3	0	0
4-8	1	1
9	----	2

18.9 Division B: no more than one race of the final series can be discarded.

18.10 Each final-series fleet (Gold, Silver, etc.) will be scored separately and different final-series fleets need not have completed the same number of final races.

18.11 Unless penalised under RRS 5 or 69, for final ranking, boats assigned to the Gold fleet will be ranked higher in the regatta than the boats assigned to the Silver fleet, and so on.

**19 SAFETY REGULATIONS**

19.1 **If a RC boat displays IC flag "N" and IC pennant "AP"** the boats must immediately go to the closer official boat or coach boat or the harbour, whatever is closer.

19.2 A boat that retires from a race shall notify any race committee or official boat as soon as possible. If she leaves the course area and cannot reach any official boat she shall notify the race office as soon as practicable after she returns to the harbour.

**20 OFFICIAL BOATS**

20.1 Official boats will be marked as follows:

- Starting vessels:** the Club Burgee and an orange flag
- Finishing vessels:** orange and blue flags.
- Support boats:** yellow flag with a black "S" inside
- Jury and Officials:** yellow flag with a blue "J" or "PRO" inside
- OA rescue boats:** red flag with a white "S" inside

20.2 Actions by official boats shall not be grounds for requesting redress by a boat. This changes RRS 60.1(b)

**21 SUPPORT BOATS**

21.1 Team leaders, coaches and other support personnel shall stay to leeward of the starting line and its extensions and outside areas where boats are racing from the time of the warning signal for the first fleet to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

The above personnel shall not cross through racing area A or its waiting area while in use.

21.2 By local regulation no motor boat can get closer than 300 meters of the west shore cliffs (See attachment A). Support boats wishing to reach the southern legs in racing area B must do it by sailing close to the east shore.

- 21.3 Support boats must display clearly and at all times when afloat a yellow flag with a black letter "S" and a numbered sticker as provided by the Organising Authority.

Support boats are at all times submitted to the Organizing Authority and Race Committee authority, are legally considered as assistance / rescue boats and must comply with any instructions given by those authorities or by the Police.

- 21.4 Safety equipment of support boats must comply with the applicable governmental rules.  
21.5 No more than three persons onboard each boat are allowed. Boats infringing this rule may be fined by the Police.  
21.6 SI 21 will be enforced by the Police Authority.

## 22 TRASH DISPOSAL

Boats shall not throw trash in the water. Trash may be placed onboard support and official boats. Note new RRS 55.

## 23 PRIZES

### 23.1 RESULT PRIZES

- Overall Division B (Juniors) to the top 30
- Female Division B (Juniors) to the top 5
- Overall Division A (Cadetti) to the top 10
- Female Division A (Cadetti) to the top 3

23.2 Other prizes will be awarded. The list of those prizes will be posted on the Official Board.

23.3 Special prizes will be drawn at the prize giving ceremony to competitors personally attending the ceremony at the time of drawing.

## 24 DISCLAIMER OF LIABILITY

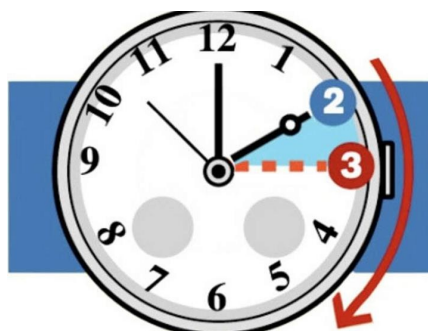
Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## 25 INSURANCE

- 25.1 Italian sailors shall have third party insurance cover of not less than € 1.000.000,00 and are required to produce evidence of such insurance during registration.  
25.2 Non Italian sailors shall have third party insurance cover of not less than € 500.000,00 and are required to produce evidence of such insurance during registration.

## 26 DAYLIGHT SAVING TIME

Remember to move your clocks forward by one hour in the night between Saturday 30<sup>th</sup> and Sunday 31<sup>st</sup>.





Sailing Instruction APPENDIX P  
SPECIAL PROCEDURES FOR RULE 42  
**Division A only**

**PA1 SIGNALLING A PENALTY**

A member of the protest committee or its designated observer who sees a boat breaking RRS 42 may penalize her by, as soon as reasonably possible, making a sound signal, pointing a yellow flag at her and hailing her sail number, even if she is no longer racing. A boat so penalized will not be penalized a second time under rule 42 on the same incident. This changes RRS 63.1.

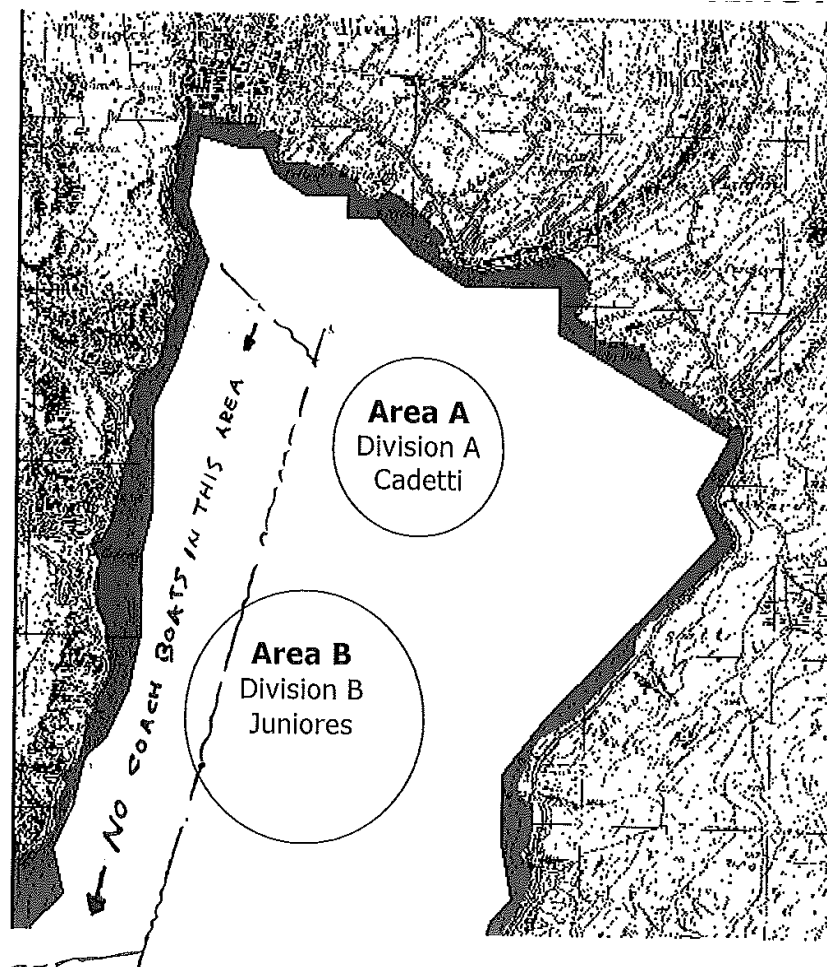
**PA2 ANY PENALTY**

When a boat is penalized under instruction P1 her penalty will be a one Turn including a tack and a gybe as per RRS 44.2. If she fails to take it she will be disqualified without a hearing.

**PA3 REDRESS LIMITATION**

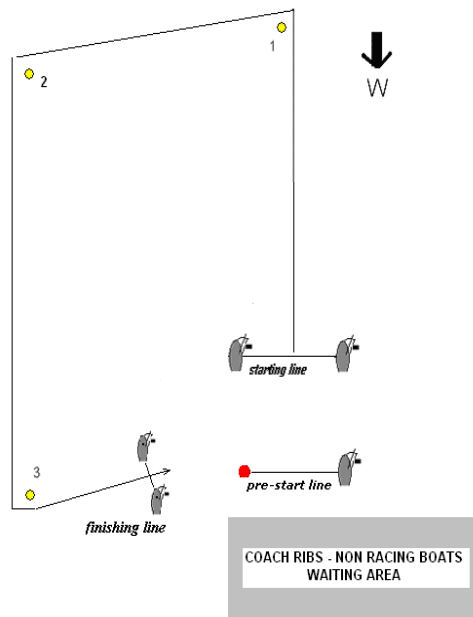
A boat will not be given redress for an action by a member of the protest committee or its designated observer under instruction P1 unless the action was improper due to a failure to take into account a race committee signal. This changes RRS 62.1(a).

**ATTACHMENT A  
LOCATION OF COURSES AND RACING AREA**



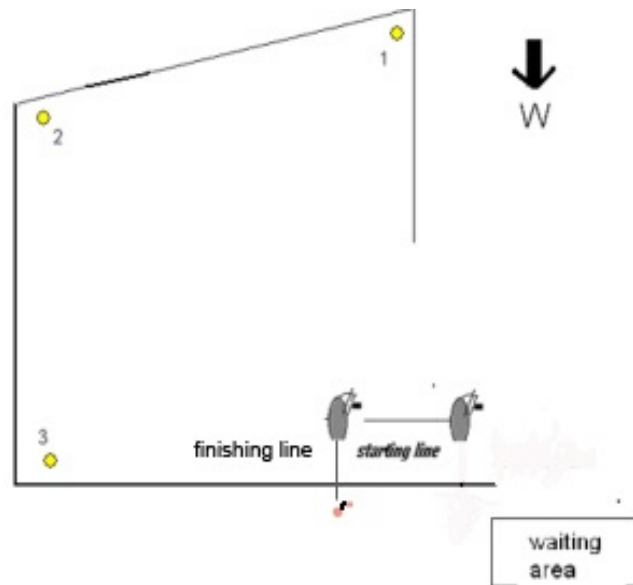
# ATTACHMENT B THE COURSES

## COURSE 1



**Course Marks 1, 2 and 3 shall be left to port.  
COURSE: START - 1 - 2 - 3 - FINISH**

## COURSE 2 (Codeflag E)



**Course Marks 1, 2 and 3 shall be left to port.  
COURSE: START - 1 - 2 - 3 - FINISH**